

# CONCUSSION TOOL

For Coaches, Teachers, Parents, Students and Athletic Therapists

## What is a concussion?

A ... , C ... , M I . I

## What causes a concussion?

A ... , ... , ... , ...

## What are the symptoms and signs of a concussion?

A ... : 32 / 1 9.92 5.243.11 -1.829 .09 0 0 120.

		● D	● D ● C
<b>Behavioural</b>	● I /	● D /	● I ● D
<b>Sleep</b>	● D	● D	● D

Note: I ... 10, ... E ... F

## Action plan: What to do if you suspect a student has a concussion

I ... unconscious:

● I ... E ... A ... 911.

● A ... EM ...

● D ... ;

EM ...

● D ...

● C ... / ...

I ... conscious:

● ...

● W ...

● C ...

... M ... B ... ( ... ) .

i. F ... **concussion is suspected:**

D ...

C ... / ...

I ... / ...

I ... / ... 911.

...

...

ii. F ... **concussion is not suspected:**

C ... / ...

...

...

...

## Memory Testing

F ...

● W ... / ... ?

● W ... / ... ?

● W ... ?

● W ... / ... ?

● W ... ?

Note: ...

...

...

...

...

A ... - -

... W ...

...

...

20 ... C

... I

...

...

...

...

...

...

...

...

**GUIDELINES FOR STUDENTS RECOVERING FROM A CONCUSSION**